

# Travel Plan

Minnesota North Shore

Fall



# Welcome To The Minnesota North Shore

Embark on a journey to the breathtaking North Shore of Lake Superior, one of Minnesota's most cherished landscapes that especially shines in the fall. This stunning region, stretching from Duluth to the Canadian border, has rugged cliffs, expansive lake views, and dense forests. As the air turns crisp and the leaves transition to vibrant shades of red, orange, and gold, this stunning region offers a picturesque backdrop for a memorable autumn escape.

In this carefully crafted 2-day itinerary easily accessible for a weekend from Minneapolis, we will guide you through some of the beautiful North Shore hiking areas. Both days are planned to showcase the fall beauty. From hikes in Jay Cooke State Park and Tettegouche State Park to the famous Bean and Bear Lake Loop hike, you will see the area showing off its fall colors.

Pack your warm layers, bring your camera, and get ready for an autumn adventure along Minnesota's majestic North Shore!

Safe Travels,

*Window Seats Only*

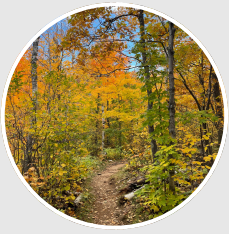


# Itinerary




DAY ONE


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## Jay Cooke State Park

Departing from Minneapolis, embark on a scenic 2-hour journey to the enchanting **Jay Cooke State Park**. Once there, traverse the iconic swinging bridge and hike along the beautiful **Silver Creek Trail**, a captivating 3.5-mile loop.



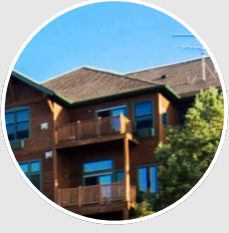
## Palisade Head

Continue your drive for another 1 1/2 hours, stopping to marvel at the panoramic vistas from the majestic cliffside overlook of **Palisade Head**.



## Tettegouche State Park

Your next destination is **Tettegouche State Park**, where you will discover the beauty of nature on the picturesque **Shovel Point Trail**, spanning 1.2 miles. Follow it up with a visit to the awe-inspiring **High Falls** and the tranquil **Two-Step Falls**, covering a distance of 2.8 miles.



## Check-In To Hotel and Dinner

After your day of hiking, freshen up at your hotel, **Grand Superior Lodge**. Then, have dinner at **Grand Superior Grille**, located in the hotel.

# Itinerary



## DAY TWO



### Hike Bean and Bear Lake Loop

Start your day early and hike **Bean and Bear Lake Loop**, one of the most scenic hikes on the North Shore; a 6.7-mile hike. This invigorating trail offers a perfect blend of challenge and serenity, winding through lush forests, rugged terrain, and captivating views.



### Lunch In Two Harbours

Treat yourself to a delightful midday meal at **Madeira Bistro** in Two Harbors. Savor delicious flavors in a relaxed atmosphere.



### Castle Danger Brewery

Unwind in the inviting ambiance of **Castle Danger Brewery**. Immerse yourself in the laid-back vibe as you enjoy handcrafted brews, or take a growler to go.



### Sauna Experience

Enrich your journey with a rejuvenating stop in Duluth at **Cedar and Stone Nordic Sauna**. Delight in a one-of-a-kind sauna experience, revitalizing your body and soul amidst the tranquil surroundings.



### Return To Minneapolis

Conclude your adventure by continuing your drive back to Minneapolis, reflecting on the memories made!

# Packing List



**TRAVEL ESSENTIALS**

- Wallet
- Snacks
- Water Bottle
- Book
- Chargers
- Power Bank

**CLOTHING**

- Long Pants
- Short-Sleeve Shirts
- Long Sleeve Shirts
- Jacket / Coat
- Pajamas
- Undergarments
- Socks
- Hat

**TOILETRIES**

- Toothpaste
- Toothbrush
- Floss
- Shampoo
- Conditioner
- Body Wash
- Deodorant
- Face Wash
- Body Wipes
- Face Lotion
- Body Lotion
- Chapstick
- Hair Brush
- Hair Ties
- Sunscreen

**ACCESSORIES**

- Daypack
- Sunglasses

**FOOTWEAR**

- Hiking Shoes

**HEALTH**

- First Aid Kit
- Medication
- Hand Sanitizer



**MISCELLANEOUS**

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# Checklist

## Planning

- Create an itinerary
- Create a packing list
- Track the fall colors of the trees: [MN Fall Color Finder](#)
- Research the hikes on [AllTrails](#)
- Visit the park websites to review the latest information: [Jay Cooke State Park](#) and [Tettegouche State Park](#)

## Booking

- Hotel Reservation
- Dinner reservation
- Private Sauna Experience at [Cedar and Stone Nordic Sauna Reservation](#)

## Notes